

# SOCIAL PRESCRIBING

@ Loxford PCN

## What is Social Prescribing?

Social Prescribing involves helping patients to improve their health, wellbeing and **social welfare** by connecting them to community services run by the council or a local charity. It does this by focusing on 'what matters to me'.

### How we can help YOU



Housing

Food Bank



Finance



Employment



Immigration



Carers Support

Social Isolation



HOW  
IT  
WORKS

Step 1

- GP refers patient to a Social Prescriber

Step 2

- Social Prescriber arranges a consultation with the patient

Step 3

- The Social Prescriber and the patient identify patient needs together

Step 4

- Social Prescriber then refers the patient to relevant services within their local community

Step 5

- The Social Prescriber arranges follow up appointments with the patient (up to four appointments)

