

Join LOXFORD PCN, for.

DIABETES during RAMADHAN

@ Ilford Islamic Centre, IG11HW 23rd February, 2024 (after Jummah Prayers)



FIND OUT HOW TO:

- We can **HELP PREPARE** you for the Holy month of Ramadhan
- To MANAGE DIABETES whilst fasting EVERYONE is WELCOME
- To **PRIORITISE** your **WELLBEING**





Share the gift of knowledge with your family and friends!



It's amazing how Allah wants to dip us in His Blessings and Mercy in the Month of Ramadhan

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