



Book an appointment with a Clinical Pharmacist!



How can a Clinical Pharmacist help you?

- The CP's are involved in the **repeat medication** process
- They deal with medication related **queries**, including finding alternatives when medication
- Medication reviews are also completed for new patients
- They undertake **asthma** and **COPD** reviews. Ensuring patients get the most out of their inhalers and to **monitor** if their condition is under control with their current therapy and also counsel patients on inhaler techniques
- They also review structured medication
- Review of the holistic approach of the entire medication
- Patient's understanding of their medication
- Optimising of doses to achieve targets for blood pressure, cholesterol and HbA1c amongst others
- Being **patient centric** they ask about side effects, understand patient concerns, needs and wants; this could also result in referring patients to other PCN services such as social prescribing and chair based exercises.
- CP's also provide exercising and diet advice, inform patients of smoking cessation services in the borough

