

COME ALONG TO OUR POP-UP EVENT FOR INFORMATION AND ADVICE ON THE FOLLOWING TOPICS

SOCIAL PRESCRIBING

THURSDAY

11 AUGUST 2022 | 9:30-11:30 AM

THURSDAY 18 AUGUST 2022 | 9:30-11:30 AM HOUSING & BENEFITS

SOCIAL ISOLATION

THURSDAY **25 AUGUST 2022 | 9:30-11:30 AM** 

THURSDAY **01 SEPTEMBER 2022 | 9:30-11:30 AM** 

HEALTH & WELLEBING

DISABILITIES & DEMENTIA

THURSDAY **08 SEPTEMBER 2022 | 9:30-11:30 AM** 

THURSDAY **15 SEPTEMBER 2022 | 9:30-11:30 AM** 

MENTAL HEALTH & DOMESTIC ABUSE



**VENUE: THE LOXFORD POLYCLINIC** 

417 Ilford Lane, Ilford, IG1 2SN

